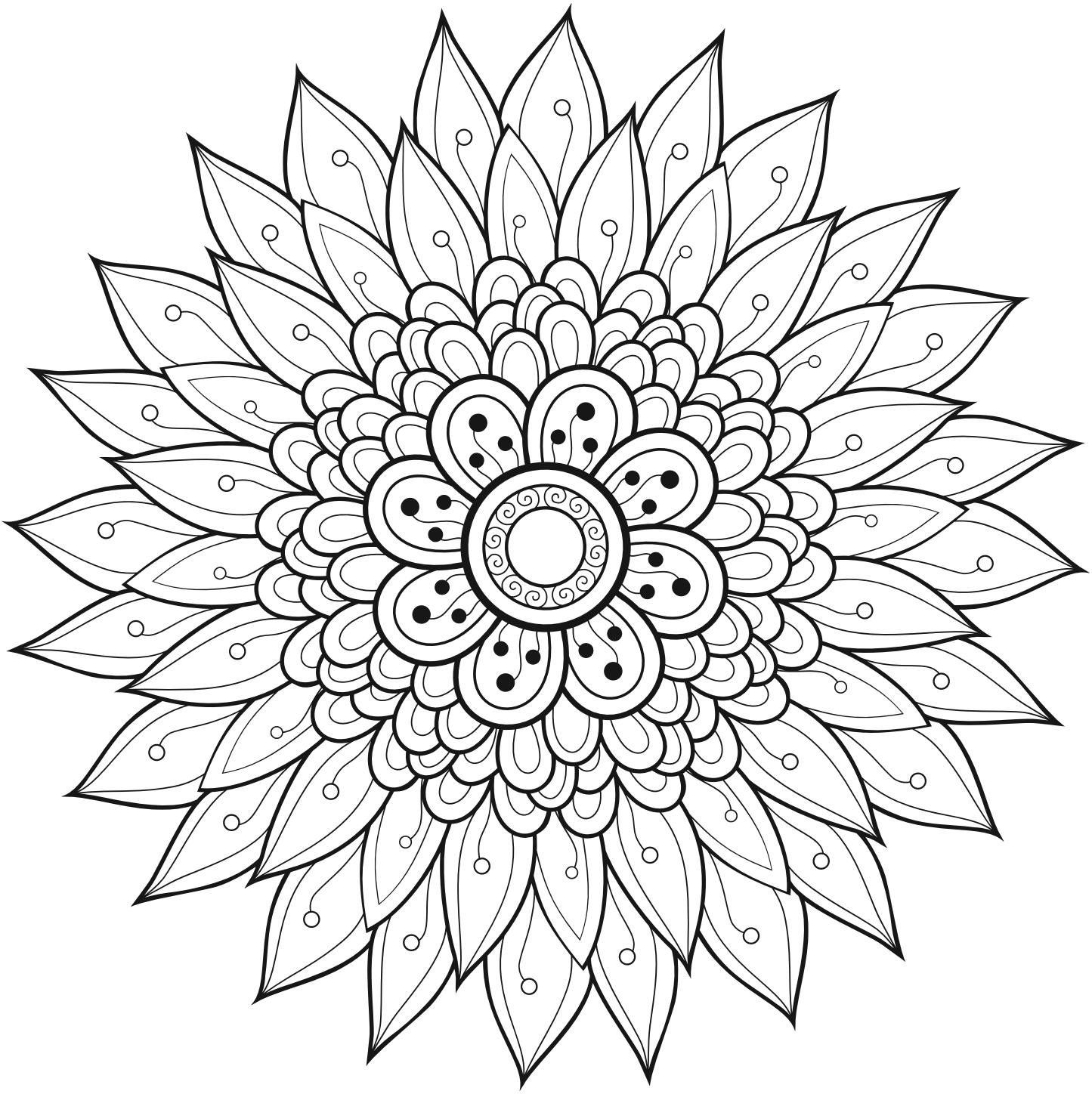
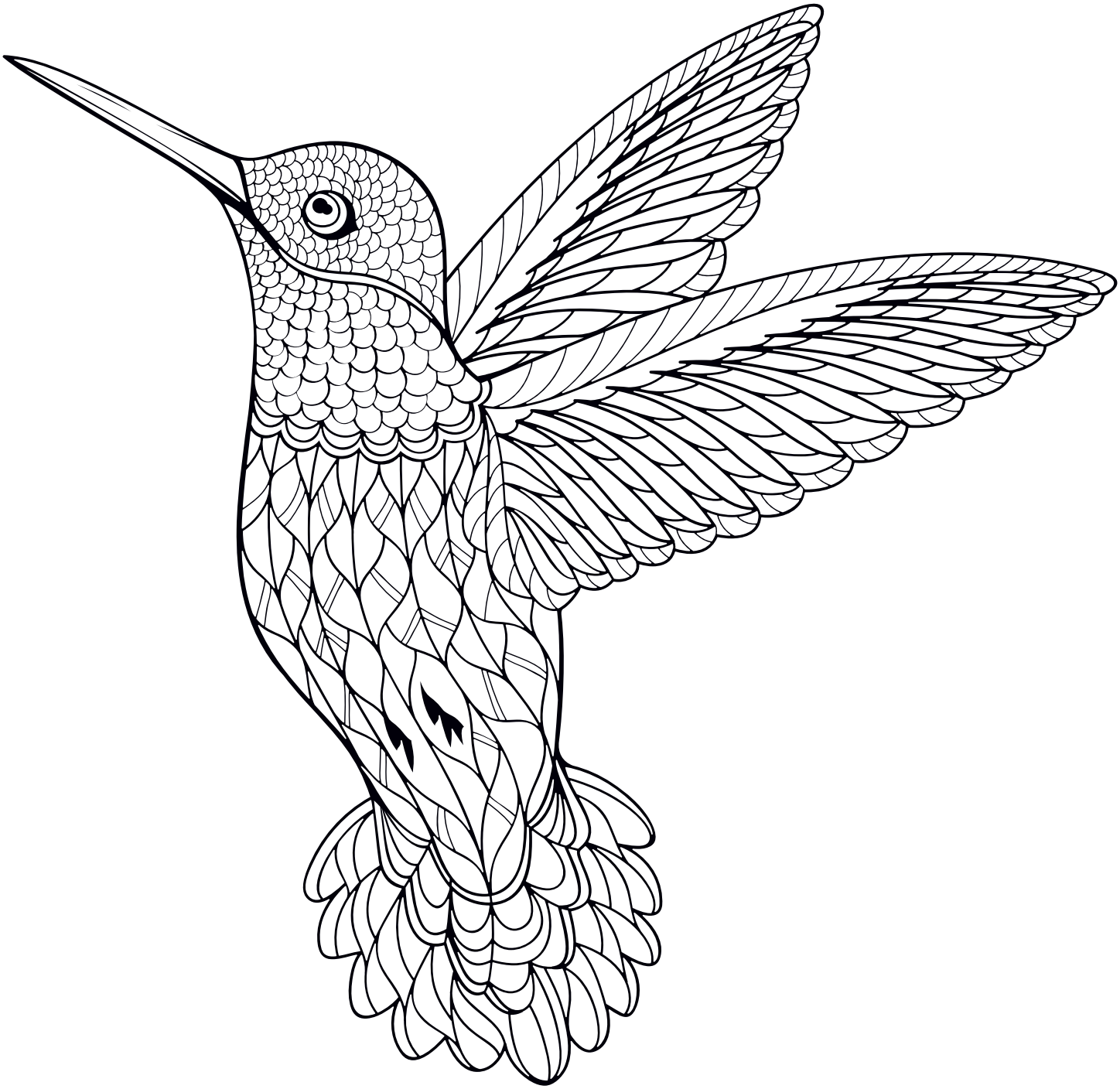
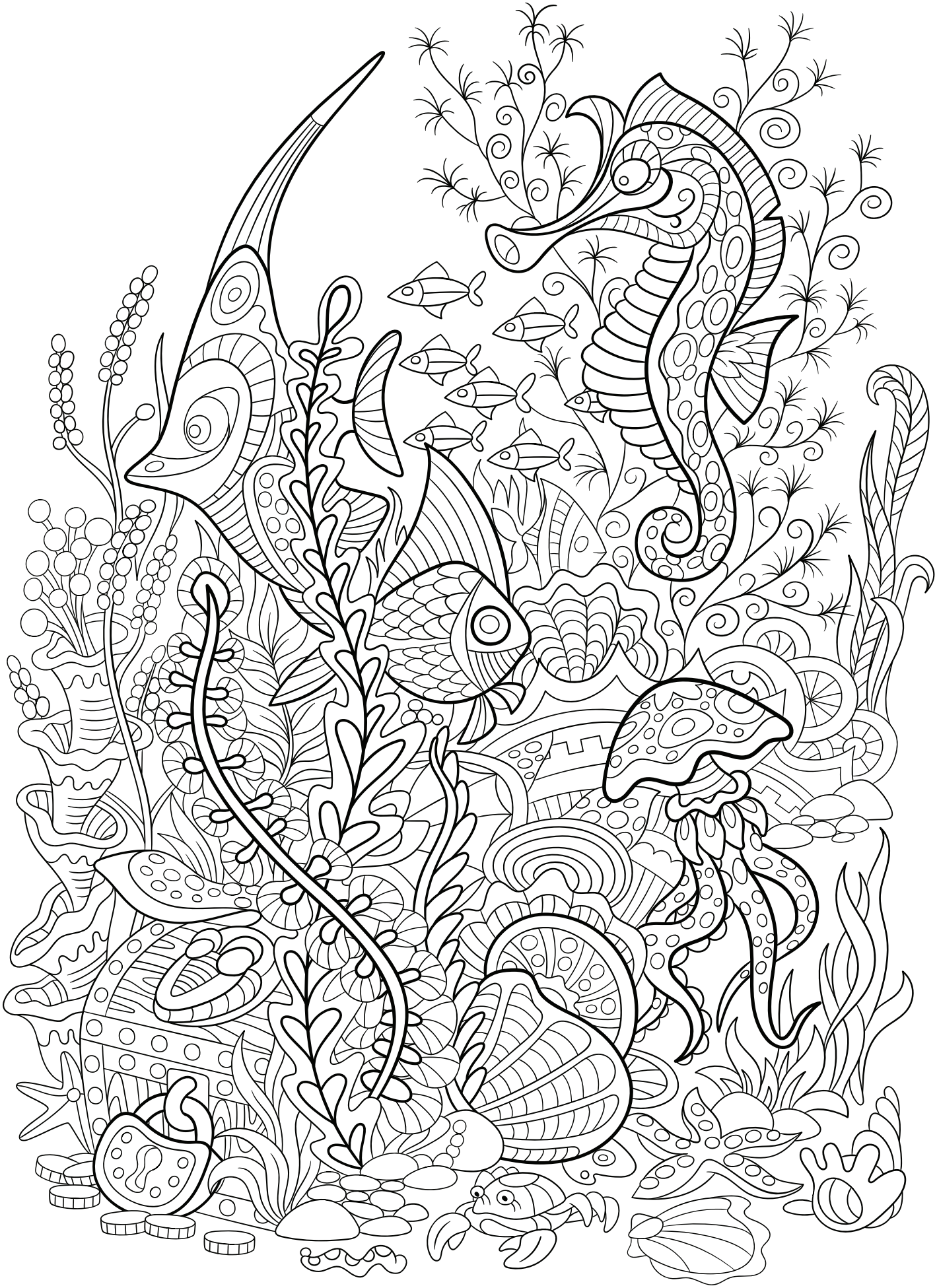
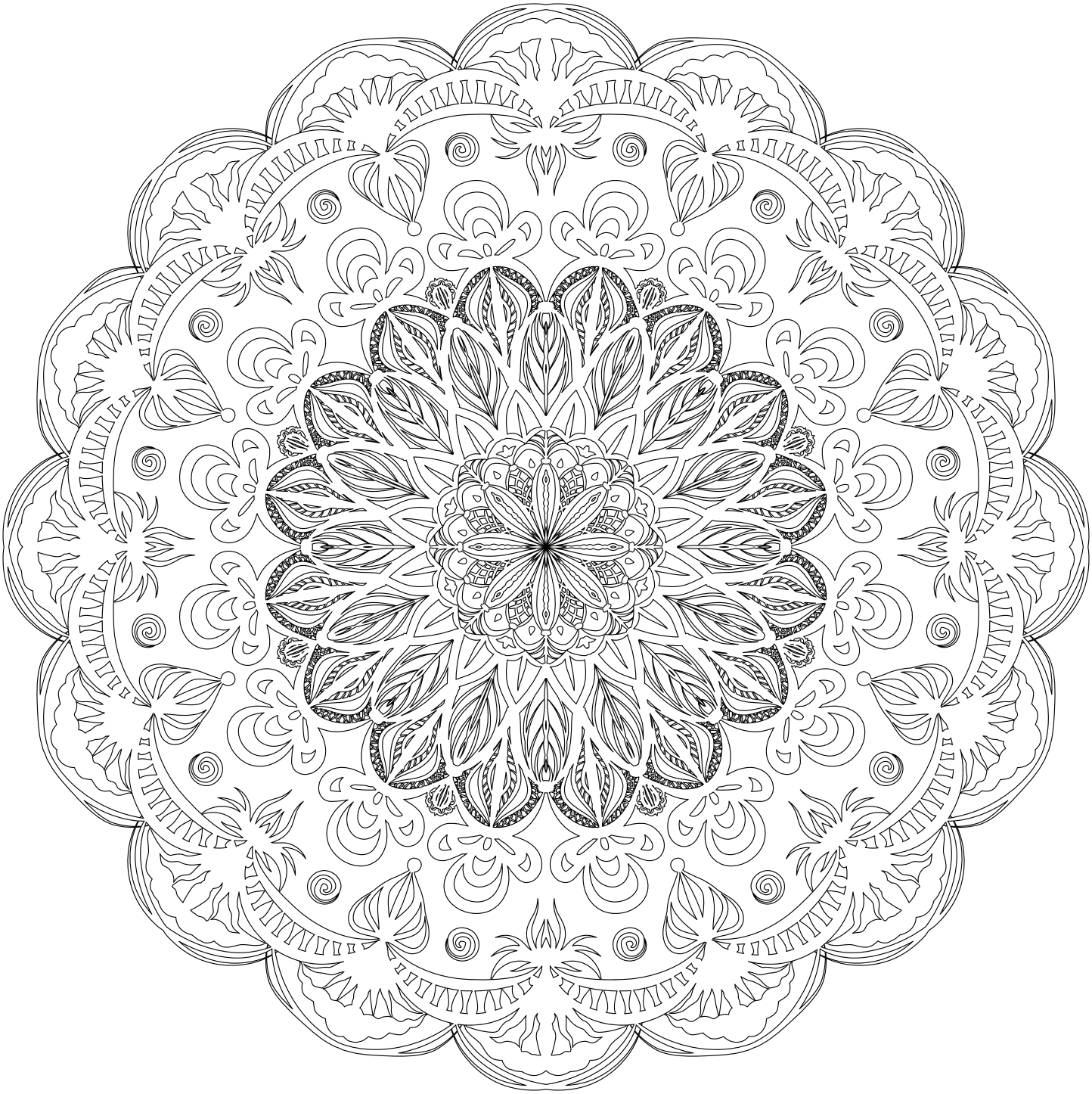
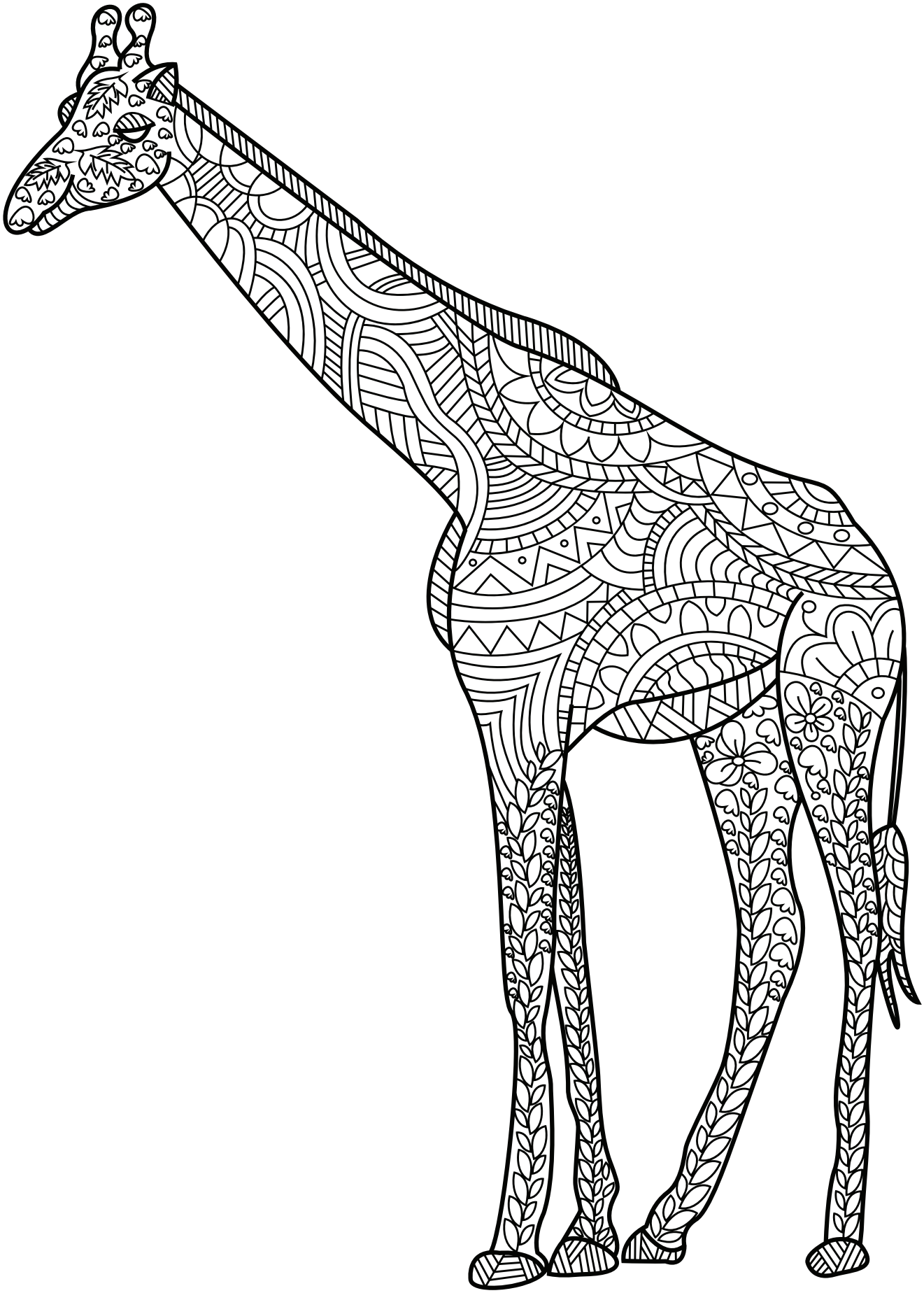
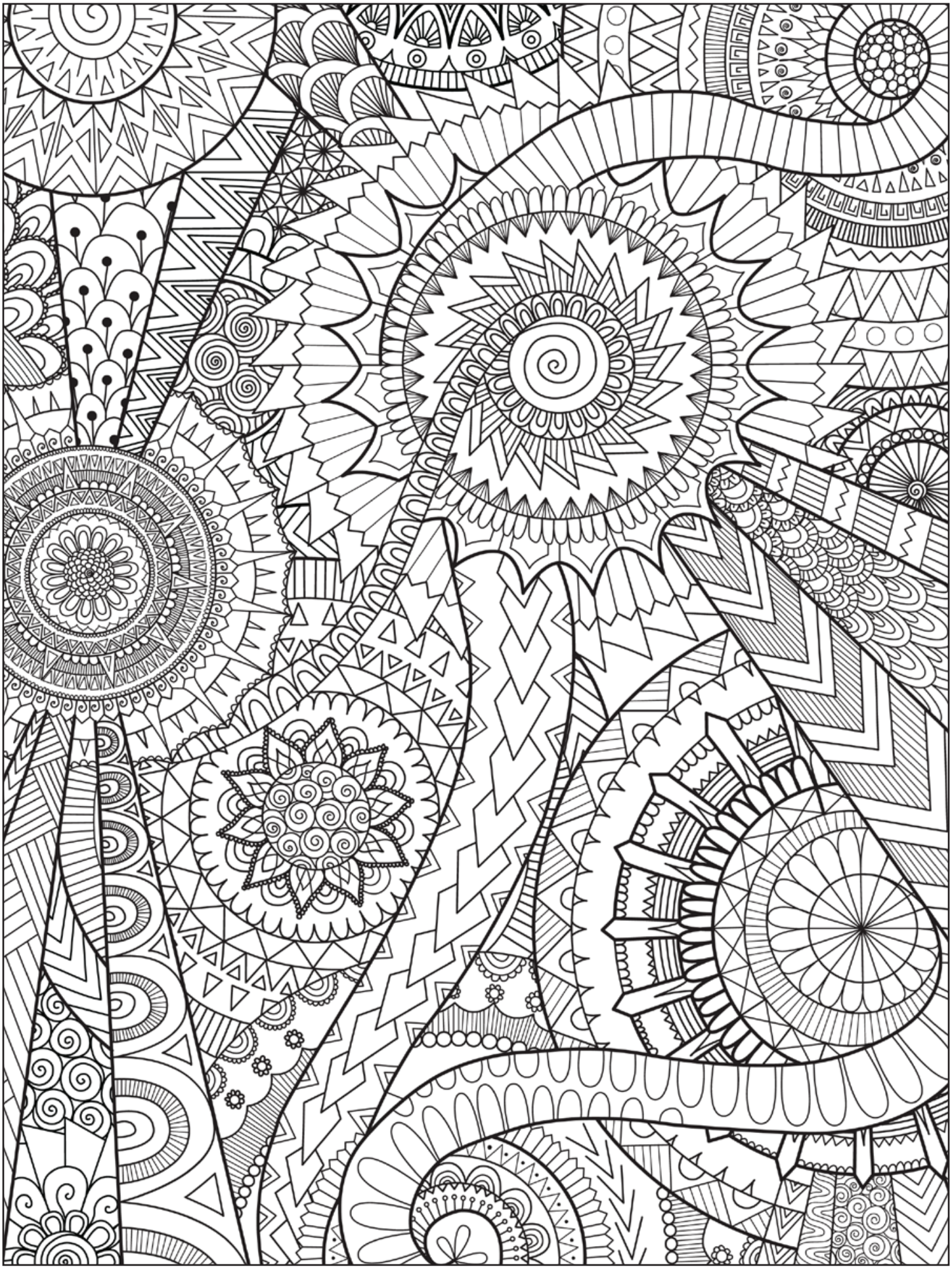
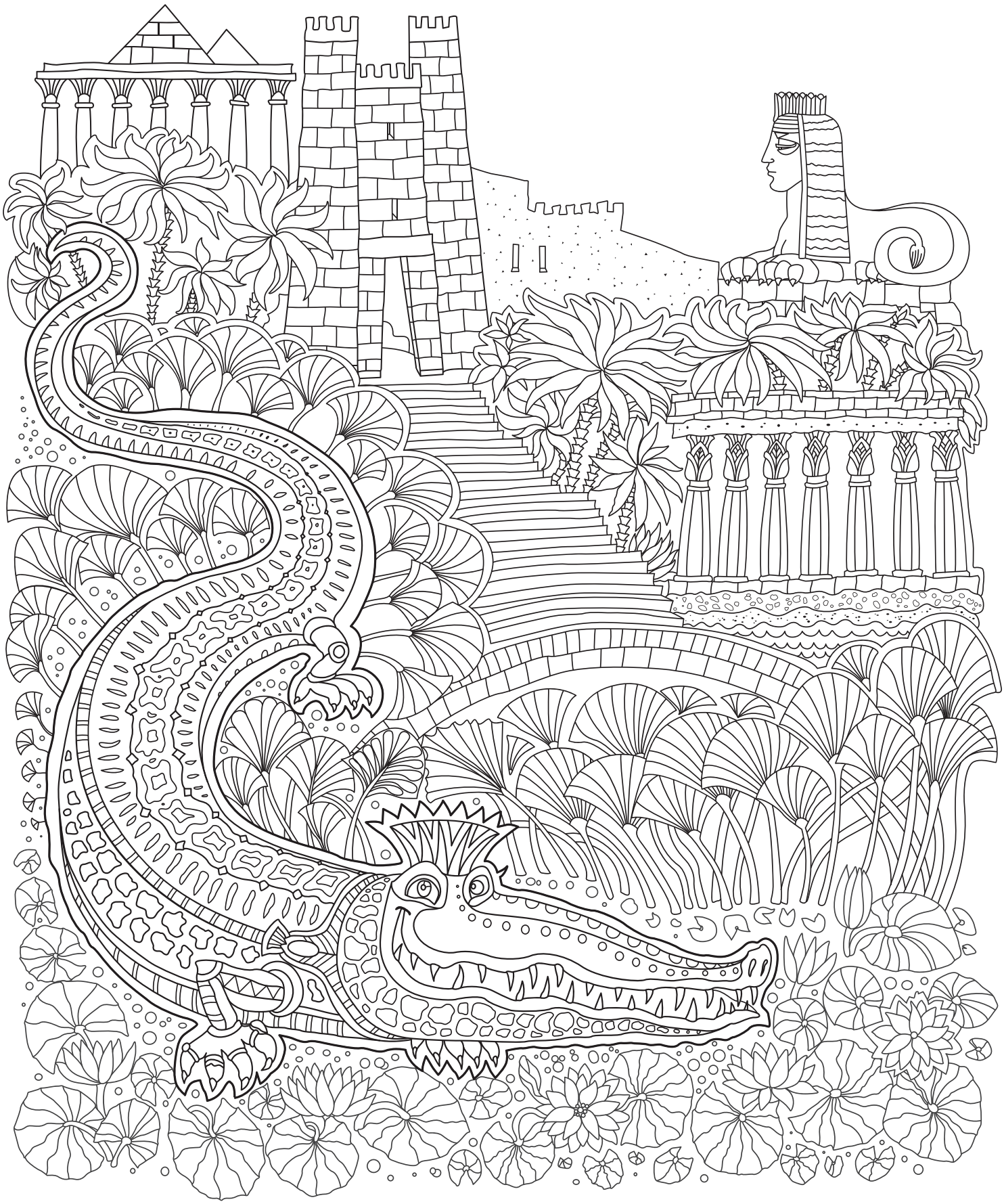
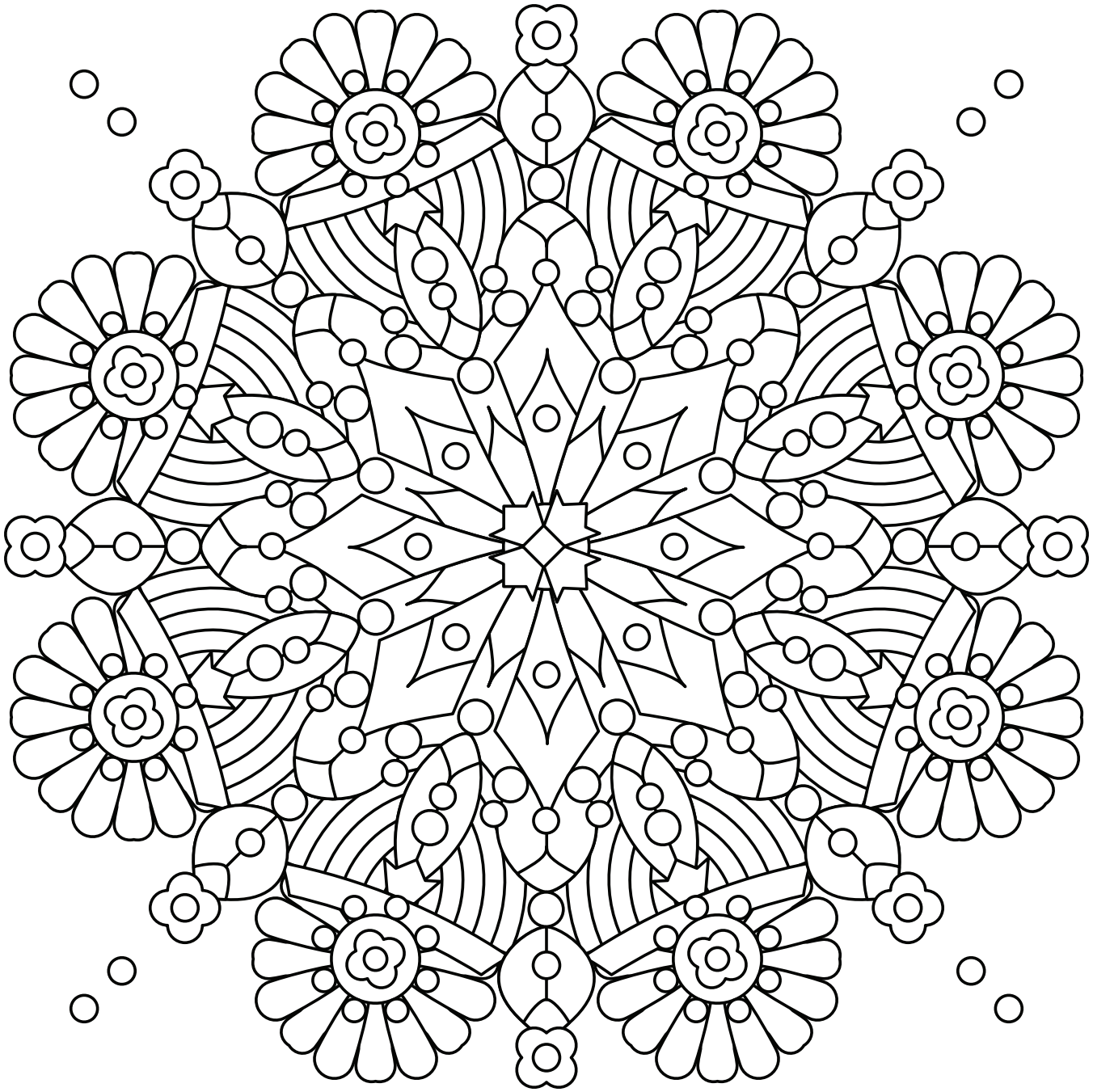
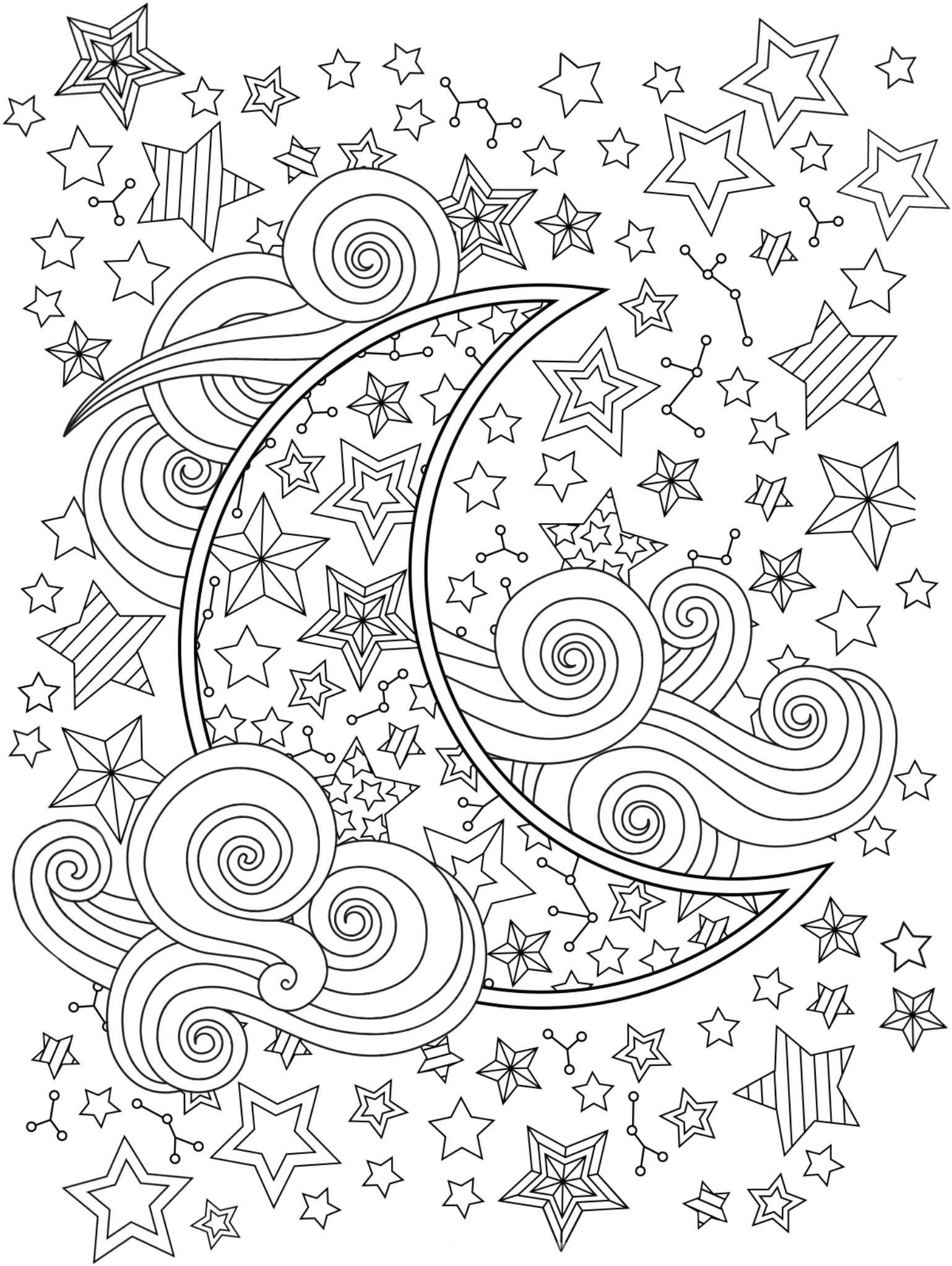
COLORING BOOK

FOR

Stress Relief

RELAX, UNWIND AND UNLEASH YOUR CREATIVITY

Coloring is a fun, relaxing activity that people of all ages enjoy for different reasons. Some people see it as relaxation technique with therapeutic benefits, while others enjoy it as a form of creative expression. Whether you see it as a hobby or a self-care tool, we hope this coloring book brings joy to your life.

Sycamore Springs